



## Seafood Starters

All starters are served with a home made bread roll

### CHUNKY CORNISH FISH SOUP

Scallop, mussels, pollock, salmon, king prawn  
Starter £14 | Main £28

### CRISPY CORNISH CRAB CAKES

Red pepper jam | £10.50

### FRESH CORNISH SCALLOPS

Pan-fried in garlic butter | Starter £13 | Main £26  
Add chorizo or samphire | GF £2 | £4

### POTTED SMOKED MACKEREL PATE

Toasted bread, red pepper and lime chutney | £11

### DEVILLED WHITEBAIT

Spicy cajun tomato mayonnaise | £9.75



## Savoury Starters

### HOME MADE SOUP OF THE DAY | £7.50

**ROSEMARY & GARLIC CRUSTED BRIE WEDGES** Cranberry sauce | £9.50

### FETA CHEESE & BASIL PESTO SALAD

Olives, pepper pearls, pesto, mixed leaves | £9.50 GF

**CHICKEN LIVER PARFAIT**  
Toasted bread, plum and apple chutney | £11

### FRESH MELON BALLS

Strawberry, cucumber and pimms | £8.50 GF

**CHEESE BAKED GARLIC BREAD**  
Sweet chilli dip | £6

### MARINATED OLIVES | £4.95 GF

**GARLIC BREAD | £5.25**

### SAUTEED KING PRAWNS (SHELL ON)

Spring onion, ginger, soy sauce  
Starter £11.50 | Main £22 GF

### PAN-FRIED SHELLFISH MEDLEY

Scallops, king prawns, mussels, garlic or chilli  
Starter £13 | Main £26 GF

### SMUGGLERS PRAWN BOWL

Plentiful prawns, lettuce, marie rose sauce | £10

*Try Our*

### **BEST CORNISH MUSSELS**

*Delivered daily from St Austell bay* GF

**MOULES MARINERE** | £11.75  
Shallot, garlic, white wine, parsley

**MUSSELS IN CIDER** | £11.75  
Cornish orchard cider, spring onion, cream

**MUSSELS AND SAMPHIRE** | £11.75  
Samphire, chilli, shallot, white wine

**DOUBLE PORTION AS A MAIN COURSE | £23.50**

## Seafood

Main courses are served with a full selection of vegetables, potatoes and our hand cut chips  
(Excluding double starter portions, burgers, tagliatelle and salads)

### SEA BASS FILLETS

Pan-fried, rosemary, lemon, sea salt | £24.50 GF

### SAUTEED LOIN OF HAKE

Mussels, samphire, white wine, lemon, cream sauce | £28

### SUPREME OF SALMON

Lightly poached, hollandaise sauce | £20 GF

### BAKED FILLET OF BREAM

Baked in a paper bag, capers, lime, parsley | £24.50 GF

## Grill

### 8oz SIRLOIN | £25 GF

### 12oz SIRLOIN | £32 GF

### 8oz FILLET | £32 GF



### BEEF & REEF

8oz sirloin, scallops, mussels, garlic | £32 GF

### POSH BEEF & REEF

8oz fillet, scallops, king prawns, mussels, garlic | £40 GF

### YARDARM MIXED GRILL

Sirloin, chicken, pork, bacon, sausage, sauce of choice | £33

### BARBECUE FULL RACK OF RIBS

Best pork in a BBQ sauce | £23.75

### SMUGGLERS BEEF BURGER

Bacon, mozzarella, rocket, glazed bun, hand cut chips, tomato chutney | £18

## Stove

### TIPSY PORK TENDERLOIN

Apple, cornish orchard cider, sage, cream, crispy leeks | £19.75

### STICKY CHICKEN BREAST

Lemon honey, spring onion, bacon gravy | £18.75

### SPICED DUCK BREAST

Soy, ginger, honey & sesame sauce | £23 GF

### BEEF FILLET MEDALLIONS

Sliced fillet, wild mushrooms, cream & brandy sauce | £24

## We are here to help ALLERGEN INFORMATION

Please ask a member of the waiting team for  
allergen menu for detailed analysis

## Sauces

PEPPERCORN | £3.95

BLUE CHEESE | £3.95

RED WINE | £3.95 GF

## Sides

HAND CUT CHIPS | £5.25

PARMESAN & PESTO SALAD | £5.75 GF

SAUTEED WILD MUSHROOMS | £6 GF

SAUTEED SAMPHIRE & GARLIC | £6 GF

BREAD ROLL | £1.60

## Vegetarian and vegan

### SAUTEED WILD MUSHROOMS

Tagliatelle, wild mushrooms, shallot, cream sauce, shaved parmesan | £22

### BEETROOT, RED PEPPER & QUINOA BURGER

Hand cut chips, glazed bun, rocket, tomato chutney | vegan | £18

## Salads

### STICKY CHARGRILLED CHICKEN SALAD

Lemon honey glazed, dijon dressing | £19 GF

### FETA CHEESE & BASIL PESTO SALAD

Olives, pepper pearls, pesto | £19 GF



Try our famous  
**ROAST FROM THE KITCHEN**  
Served every Sunday Lunchtime 12 till 2.30

Choose from either Roast Sirloin Beef (Rare or Well done)  
Pork, Turkey or Nut Roast

Served with a Yorkshire pudding, Sausage & Sage Stuffing,  
Roast Potatoes, Proper Gravy, Seasonal Vegetables and all  
the trimmings

If you have any special dietary requirements, please ask a member of the waiting team and they will assist you in any way they can. All meats are approximate uncooked weight.  
All our dishes are freshly cooked to order. Subject to availability & landing conditions.

## Desserts

All our desserts are home-made daily

**STRAWBERRY PAVLOVA**  GF

**WHITE CHOCOLATE & RASPBERRY CHEESECAKE**

**ORANGE COINTREAU CHOCOLATE POT**

**CREME BRULEE OF THE DAY**  GF



**BAILEYS DRIZZLE ICE-CREAM**

**ASK FOR CLOTTED OR WHIPPED CREAM | All priced at £8.75**

**BISCOFF ICE-CREAM SUNDAE | £6.50**

**LEMON OR RASPBERRY SORBET (2 SCOOPS) | £4.95**

**SELECTION OF CHEESES**

Plum & apple chutney, biscuit selection | £11

*We serve great  
house ground coffee*

